



Betsy-Jeff Penn 4H Educational Center

804 Cedar Lane, Reidsville, NC 27320

336-349-9445 FAX 336-634-0110

www.bjpenn4h.org

“To Inspire Youth!”

Dear Campers and Parents:

We are very excited to have you aboard for *Summer Adventures 2010*. We hope that the enclosed information will help you to prepare for your upcoming stay with us.

The Betsy-Jeff Penn 4-H Center provides traditional camping opportunities for campers aged 8-12 to grow by participating in camp activities and challenging themselves. The program opens doors for campers to feel safe and accepted. Campers are placed in cabin and activity groups according to age. Groups of coed campers travel together during the day. Day activities consist of horseback riding, canoeing, archery, swimming and arts and crafts while the older aged groups also practice leadership skills on the teambuilding course and challenge themselves on the high ropes course.

The Adventure Program is designed for campers aged 12-14 and consists of two groups, the Adventurers (12-14) and the Trekkers (13-14). These groups do not participate in the “traditional camp” activities such as horseback riding, arts and crafts, etc. The Adventurers will enjoy a variety of activities focusing on outdoor living skills. Activities will include teambuilding/high ropes, canoeing, compass/orienteering, GPS, and geocaching. The Trekkers spend the first part of the week learning canoeing and rock climbing skills at camp. The last part of the week, they go off-site and canoe the Mayo River, rock climb at Pilot Mountain, and camp at Pilot Mt State Park.

Evening activities at camp include: Land and Water Sports, Talent Show, Dance, and camp out. Campers also share the responsibility of cleaning and maintaining living areas, dining hall, restrooms, as well as the natural areas as part of our community growth opportunities. Our program is designed to work with young people who can succeed in a program with a 1:8 staff/camper ratio. Unfortunately, campers, who cannot abide by the rules and have behavior that is not manageable, will be dismissed from camp.

Fees will be paid in advance and will not be refunded for children who return home voluntarily or are dismissed due to behavior/discipline problems. Only in the case of family emergency or written doctor's excuse, will fees be refunded.

Please understand that **all medication MUST be in the original container with the original prescription**. Medication can only be dispensed according to the original doctor's prescription. Most children treated with medication for behavioral or emotional problems benefit from continued medication at camp. According to a joint statement by the American Academy of Pediatrics and the American Camp Association, “Elective interruption in medications (drug holidays) should be avoided in campers on long term psychotropic therapy.”

You may request that your child be roomed with one other camper. Campers must be within 1 yr in age of each other. We will do our best to meet camper requests; however **we CANNOT guarantee that all camper requests will be met.**

Campers will not have phone privileges while at camp or access to email. Please do not send cell phones to camp. Parents will be notified under the Director's discretion in the case of illness, injury, behavior problems, and severe homesickness; therefore, the old adage sticks "no news is good news!" Calls made to campers must be limited to emergencies only. Most campers miss something about home when away, but being away from home is an important skill for a child to learn. As a parent, you can help prevent homesickness by discussing strategies with your child. Some helpful hints are hiding your own doubts, avoid stressful changes prior to camp, and arrange practice time away from home. Do not make camp be your child's first time away from home. Please do not make "pick-up" arrangements as this undermines a child's confidence. If you have serious homesickness concerns, feel free to contact us.

Neither the 4-H Camp nor the Camp Staff shall be liable for the cost of any medical treatment. Camp insurance covers only certain accidents and illnesses. Limit of camp insurance for accidents is \$3,500 for injury and \$1,000 for illness. Camper illness and/or injury sustained while at camp must be reported and recorded while on site to be covered by the camp's insurance. Pre-existing illness (asthma, diabetes, etc.) is not covered.

If your child has special needs, and you desire any assistive devices, services, or other accommodations to participate in this program, please contact the Camp and/or the County 4-H Agent regarding the child's needs at least 30 days prior to camp. Campers need to be able to dress, eat, and use the restroom without assistance and participate in traditional camp activities.

We do have a camp store that is quite popular with all the campers. Camp store items range in price from \$.50 - \$25. For example, snacks are \$.50 - \$1. T-shirts are \$12 and most other camp souvenirs range from \$2 - \$10. Snacks are sold daily and souvenirs are sold on the last day full day to prevent items getting lost or misplaced. As a reminder, the camp fee includes both a Camp T-Shirt and a \$15 Store Card.

Camper mail should be sent to: Camper Name c/o Penn 4-H Center, 804 Cedar Lane, Reidsville, NC 27320. Please do not send anything valuable.

Please bring the following forms to registration:

- Health History & Custody Release- Notarization of this form is required.
- Trekker Consent Form – For Trekker Program Participants only

Arrival/Check-In: Sunday, 2:00-3:00 pm, in the Rec Hall

Pick-up: Friday, 10:00-10:30 am, in the Rec Hall

Please make sure to follow arrival and pick-up times. Camp staff needs adequate time to prepare the camp for your arrival on Sunday. Early arrivals are discouraged. If you have questions, feel free to call 336-349-9445 ext 306 or email me at stacy_burns@ncsu.edu. Thanks and see you at Camp!

Sincerely,

Stacy Burns
Summer Camp Director
Betsy-Jeff Penn 4-H Center
336.349.9445 ext. 306

Camp Checklist

Prior to Camp: Please address the following prior to Summer Camp.

- 4-H Volunteers have received the “Volunteer Roles & Expectations” and understand those expectations and their duties while at camp. Criminal Background checks have been done on all Volunteers. These background checks do not need to be turned into the camp.
- The Camper List has been emailed in spreadsheet format to the Summer Camp Director at least one week prior to camp. This info will include last name, first name, age, DOB, gender, address, county, requests, and email.
- Copies of camper forms have been made for your own records.
- The camping team has discussed and planned any special programs for their week and discussed with Summer Camp Director.
- Store Cards have been completed
- The Medical Release form has been completed by Volunteers as well as 4-H Staff.

Arrival to Camp: The following will need to be turned into Camp Personnel upon arrival at camp. Each camper’s forms should be stapled together.

- 4-H Enrollment Form
- Medical Release Form (needed for 4-H Staff/Volunteers as well).
- Health History & Custody Release Form
- Trekker Consent Form (only if camper is registered as a Trekker)
- Camp Registration/Dir 1 Form (for ES-237 reporting)
- Store Cards

Medication to Health Coordinator. Medication must be in the original container with the doctor’s prescription. We can only distribute medication according to the original prescription unless it is accompanied by a letter from the doctor

4-H Camp Registration Form

Camp: Betsy-Jeff Penn 4-H Center

Date of Camp _____

County _____

Specialty Camp _____

Extension Staff In Attendance _____

	#	Fee
Trekkers (+ \$20 per camper)		
Boys		
Girls		
Total Campers		
Volunteers		-0-
County Staff		-0-
Total Attendance		
Reservations		
Total Fees	/////	
Deposit	/////	
Net Due	/////	
Amount Paid	/////	
Balance Due	/////	

Campers Only

Residence	No.
Farm	
Pop. Under 10,000	
Pop. 10,000-50,000	
Cities over 50,000	

Membership	No.
4-H Club Members	
Special Interest	
Non 4-H Campers	
First Time Campers	

Gender/Racial Attendance Data

	Campers (M/F)		Volunteers (M/F)		County Staff (M/F)	
White						
Black						
Hispanic						
Asian						
Native American						
Other						

Please turn in this form, completed, to the Director upon arrival at camp. A second copy should be retained by the County office for future reporting on the ES-237 Annual Report.

Betsy-Jeff Penn 4-H Center
Camp Volunteer Staff
Position Description/Expectations

Purpose: To provide support and assisted staffing for the 4-H Summer Camp Program.

Expectations:

- Participate in training, orientation, planning meetings, and/or other preparation on the County and State level as deemed appropriate by the County Extension Director and/or State 4-H Specialist.
- Attend Visiting Staff Meeting on first day of camp to receive briefing on camp programs and staff support needs.
- Attend daily Visiting Staff meetings to communicate needs, sign up for duties and support roles, and to provide other feedback regarding the program.
- Attend all activities and provide assistance to Counselors and Instructors.
- Participate or assist in supervising programs to help ensure that all campers have a positive camp experience.
- Visiting Staff are expected to be up and present at Flag Raising and Breakfast.
- Clothing will be appropriate. No clothing advertising drugs, alcohol, or inappropriate behavior will be allowed.
- No alcoholic beverages are allowed at the Center at any time. Being under the influence or in possession of alcohol on Center property is grounds for immediate dismissal.
- No drugs are allowed, except prescription drugs that are being used under doctor's orders.
- Smoking is permitted in designated areas only (back deck of staff house). Smoking is never permitted in front of campers.
- No personal phone calls may be charged to the Center.
- Volunteers are not to have visitors during the camp week.
- Volunteers may never touch a camper in an effort to discipline, restrain, or punish. Behavior problems need to be brought to the attention of the County 4-H Agent and the Summer Program Director.
- NO ONE has the right to physically, mentally, verbally, or otherwise abuse any child.
- NO ONE has the right to make any child do physical exercises of any type as punishment. This includes push-ups, sit-ups, running, etc. The health and well-being of every camper is foremost.
- NO ONE has the right to attack or put down others by using words, name calling, profanity, or other demeaning statements. Caution and calm language must be used when addressing campers and staff.
- Any and all problems or disagreements with Center Staff should be brought to the attention of the Summer Program Director. Please do not confront staff personally, unless the immediate safety of campers is at risk.
- All Camp personnel are to avoid situations which puts them alone with a camper.
- Visiting staff who may have children at camp are asked NOT to assign themselves to their child's group, unless the child has a disability that requires assistance. This can cause disruption for the child and the group. Furthermore, Visiting Staff with children as campers are asked not to give special preference, perks, or other special attention to their child while at camp.
- Caution must be exercised in displaying affection toward a camper. Certain physical contact may be perceived as sexual or abusive.
- Fraternalization and/or relationships with individual campers, staff, or other volunteers which is inappropriate, or reduces the effectiveness of the staff, or that which discriminates against and/or offends campers, staff, agents, volunteers, or others is grounds for dismissal.
- Unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature constitute sexual harassment and will not be tolerated.
- Volunteers will act in a professional manner and control emotions when problems arise. Staff and Volunteers will openly and honestly discuss problems with relevant parties (County Agent and Summer Program Director) to seek a solution which is in the best interest of the Center, and of themselves.
- Volunteers should not discuss any sensitive issues with, or in the presence of, other staff or campers.

Duties:

- Assist in the checking in of campers at pick-up and checking out of campers at drop-off sites.
- Supervise campers during the transportation to and from camp.
- Assist with loading and unloading of campers and luggage during arrival and departure from camp.
- Serve as a cabin parent for a group of campers during staff time off. Volunteers will not be expected to serve as a sole cabin parent. A Penn staff member will be present to assist.
- Present in dining hall during meals. Sit with a group if a staff member is not present at a table.
- Help to maintain discipline and smooth operation of meal times and set-up/clean-up.
- Assist and provide supervision during Canoe classes. Be a lookout, assist in loading/unloading, help distribute gear, and take campers to restroom.
- Assist and provide supervision during Horse classes. Help distribute equipment, help guide in ring and on trails, assist instructors with stable duties, and watch for camper/horse mismatch.
- Assist and provide supervision during Swim classes. Be a lookout, make sure campers wear sunscreen, assist with lessons, play with campers during free swim, and take campers to the restroom.
- Assist and provide supervision during Archery classes. Help set-up/take down of equipment, help supervise during lesson, and take campers to the restroom.
- Assist and provide supervision at the Climbing Wall. Supervise campers not climbing and take campers to restroom.
- Assist and provide supervision during Craft period. Help distribute supplies, assist campers during instruction, assist in clean up.
- Provide assistance during Store Break. Crowd control, help take orders at counter, help restock after store break.
- Assist Health Coordinator with the dispensing of meds and help provide supervision at infirmary.
- Assist with daily cabin inspections.
- Provide assistance and supervision for Evening Programs.

Directions for Travel To
BETSY-JEFF PENN 4-H EDUCATIONAL CENTER

Please feel free to duplicate these directions for distribution to your group.

FROM RALEIGH, BURLINGTON- Follow US 85/40 W to Greensboro, exit onto Lee St. and follow the signs to 29 N. Merge onto 29 N and continue north out of Greensboro until you come to the 4th Reidsville exit for SR 158/14. Turn left at top of ramp and follow SR14/158. **After** the third traffic light, turn left onto Salem Church Rd. Continue with directions entitled *“from Salem Church Rd.”*

THE BACK WAY: Off of US 40 West, take exit 138. Turn right onto 61 N through Whitsett, to Gibsonville. Follow 61 N to the junction of 61 N and SR150 E. At the stop sign intersection go straight, this is now SR150 E. Stay on SR150 till it ends at SR 87. Turn left, follow SR 87 until the first traffic light. Continue straight on Barnes St., at intersection of US Bypass 29 turn right to go north on US 29. Exit off the next ramp, turn left onto SR 14 and SR 158. **After** the third traffic light, turn left onto Salem Church Rd. Continue with directions entitled *“from Salem Church Rd.”*

FROM GREENSBORO: Take US. 29 north to Reidsville, continue on US. 29 Bypass to the SR 14/US 158 exit. Turn west (left) at the exit toward Eden. After the third traffic light, turn left onto Salem Church Rd. Continue with directions entitled *“from Salem Church Rd.”* Continue with directions entitled *“from Salem Church Rd.”*

FROM WINSTON-SALEM: Take SR. 158 east out of WINSTON-SALEM to the out skirts of Reidsville and the intersection of SR 29 Business north towards Danville. Turn left at the second light at the intersection of Business 29 and Moss Street. At stop sign, turn left onto Wentworth St. Turn right onto Salem Church Rd, just after Upper Piedmont Research Farm. Turn left at the next opportunity onto Cedar Lane.

FROM EDEN: Take SR. 14 south about 4.3 miles to a Texaco station on the right at the stoplight. Turn right onto Barrymore Rd., continue with the directions entitled *“from Barrymore Rd.”*

FROM DANVILLE, VA: Take SR. 29 Bypass south towards Reidsville to the intersection of SR. 14/158 East. Turn right (west) at that junction, toward Eden. Continue on SR. 14 past US. 29 Business. The second left after US. 29 Business is Salem Church Rd., turn left in to Salem Church Rd., continue with directions entitled *“from Salem Church Rd.”*

FROM SALEM CHURCH RD. AND HWY 14: Follow Salem Church Rd. About 1.4 miles until the road forks. Make the sharp right turn onto Cedar Lane (4-H Center sign on left marks this intersection). Continue about .8 miles on Cedar Lane until you see the sign and gates for the 4-H Center on the left, turn down the road and follow signs to parking area.

FROM BARRYMORE ROAD: Follow Barrymore Rd. 1.4 miles until the road curves into a right curve. Turn LEFT at this curve onto Cedar Lane. Continue 1.7 miles on Cedar Ln. until you see the sign and gates for the 4-H Center on your right. Turn right onto the entrance road for the 4-H Center and follow the signs to the parking area.

Once on site (**speed limit is 20 mph**), turn right at the stop sign and proceed up the hill to the parking lot on the right. All cabins and facilities are within easy walking distance of the parking lot.