



Resident Camp

Ages: 8-14*

Penn provides age-appropriate, small group experiences in an enjoyable, noncompetitive environment. Throughout the week, campers enjoy daily activities with their coed groups. These include swimming, canoeing, horseback riding, climbing at the climbing wall, archery, arts and crafts, hiking, environmental studies as well as other fun-filled activities. The older groups participate in teambuilding and high ropes elements as well. Evening programs consist of Talent Show, Land/Water Sports, Campfires, Awards Ceremonies, and Dances.

Two advanced groups, **Adventurers** (ages 12-14) and **Trekkers** (ages 13-14), enjoy adventure based programming both on and off camp. Although they do not participate in "traditional" camp activities the **Adventurers** learn outdoor living skills, High Ropes, Orienteering and camp two nights out at an outpost site on property. They will also learn about Global Positioning Systems (GPS) and Geo-caching. The **Trekkers** participate in high adventure camp activities. They spend their time at camp learning canoeing and rock climbing skills, and then travel off-site for a canoeing and rock climbing adventure. **Enrollment is limited in both groups and is filled on a first come first served basis.**

Our **staff** to camper ratio is 1:8. We provide full 24 hour supervision for all campers. Staff training is provided that included CPR, First Aid and Non-Violent Conflict Resolution. Background checks are performed on all staff. Each cabin has a minimum of two counselors! All activities groups are co-ed and have male, female and activity specialists present at all times.

- * Due to age distributions, 13 and 14 yr olds must be placed in either Adventurers or Trekkers.
- * Spaces in the Trekkers are limited. We can NOT guarantee placement.

Specialty Camps

Cloverbud

Ages: 5-8 Date: July 18 – 21, 2010

Cloverbud camp is for campers and parents not yet ready for a full week of the camping experience. Campers participate in canoeing, swimming, archery, the climbing wall, horseback riding, and environmental classes. Evening programs include talent shows, campfires and games.

Whitewater Adventures

Ages: 14-17 Date: Cancelled for 2010

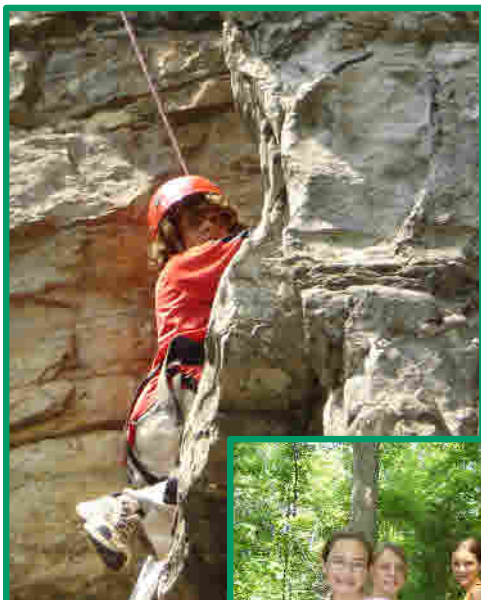
Participants will receive instruction on paddling techniques and water safety at camp on Lake Hazel. The group will continue honing their skills with a paddle down the Mayo River. The pinnacle of this trip will be a guided whitewater adventure, rafting the French Broad. Participants must be in good physical condition and able to swim. Come join the adventures!



Leader-In-Training

Ages: 15-17

The L.I.T. program was developed to help guide youth as they hone and develop their leadership skills. The program will increase awareness of personal responsibility and character development. This program is designed to provide leadership skills in the residential setting; therefore, each L.I.T. will be assigned to a staff mentor for the week. They will also spend part of their time working on programs, teambuilding, high ropes and other leadership opportunities. **Check out the website at www.bjpenn4h.org for further information!**



Day Camp Leadership Adventures

Age: 13-14

An exciting Day Camp program for Teens! During the two weeks, teens will develop their leadership skills and increase awareness of personal responsibility and character development. They will also enjoy canoeing, climbing, archery, horseback riding, teambuilding, high ropes, swimming and much more. This group will also be looked up to from our younger day campers! This is a great opportunity for teens to work with kids of all ages while having their own adventures.

Environmental Day Camp

Ages: 6 - 12

Day camp is offered Monday through Friday and consists of three two-week sessions and two one-week session. Activities include swimming, canoeing, horseback riding, archery, arts and crafts, fishing, environmental studies, games and more. Our 10-12 year olds will participate in the Team Challenge and High Ropes Courses. Each session will have a theme!

Day Camp Sessions

- Session One: June 21st - July 2nd
History and Pioneer Living
- Session Two: July 5th - July 16th
Aquatic Adventures
- Session Three: July 19th - 30th
Environmental Action
- Session Four: August 2nd - Aug. 6th
- Session Five: Aug 9th - Aug. 13th
Nature Interpretation

Contact Information

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Summer Camp Director

Registration Information

Online registration, via credit card is available.

Check us out on the web:
www.bjpenn4h.org

Betsy-Jeff Penn 4-H Center
Summer Programs
804 Cedar Lane
Reidsville, NC 27320